

Awesome Traits Exercise



For this exercise, “**Awesome**” means that your traits (strengths) are the most effective in contributing to building a quality life.

You are assigned to a group that has the same key traits on the left or right side. You will have other important traits that could put you into another group, but for this exercise focus only on the assigned trait(s).

Step 1. Your challenge is to develop a convincing presentation as to why your assigned traits are the most **Awesome** in contributing to a quality life.

Base your presentation solely on the traits that are common to your group. Use the traits in the My Unique Profile exercise as a reference and the Unlocking Potential Guide.

Discuss the trait(s) and identify the key strengths and struggles that are common to your group.

Use your creativity to convince the other groups why your traits are the most effective.

Step 2. Then, to help others better understand your traits, come up with a list of at least 4 struggles that relate to your awesome traits which your spouse, family and team mates have to endure and present them to the group.

Step 3. Give a short (one sentence) explanation of any particular insights about how your awesome traits approaches wealth.

Step 4. What is the one struggle from one of the other traits/groups that irritates your group the most?

You will have 15 minutes to prepare your presentation and 5 minutes to convince the group that your traits are definitely the most Awesome for your role.