

# Quantum Leap Capacity Discovery Report for: Chris Coddington

## Quantum Leap Capacity

The Quantum Leap Capacity Discovery is designed to provide a representation of your capacity to make a significant Quantum Leap for starting the journey of pursuing an exponential life and/or business performance path beyond exponential growth. You'll rank 25 items which address various dimensions of how well your level of consciousness has been expanded for adopting a growth mindset which opens up a potentially huge, sudden, abrupt or radical breakthrough in some aspect of your life or business

**Name** Chris Coddington  
**Your Email** chris.coddington@dnabehavior.com

## Quantum Leap Capacity Discovery Questions

**Able to live in wonder which involves observing the world, seeing the familiar in unfamiliar ways, allowing the mind, body and soul to meander, anticipating new vast moments and allowing yourself to be mind-blown by a whoa moment.** ★★★★★☆

**Living a good life with happiness, meaning and psychological richness.** ★★★★★☆

**Open to infinite possibilities and potential through being in a deep flow across all aspects of life.** ★★★★★☆

**Able to create and surrender to synchronicity by being present, open, authentic, flexible and not seeking to control or predict the outcome.** ★★★★★☆

**Prepared to explore new visions, ideas and think out of the box without strict planning and analysis.** ★★★★★☆

**Sufficient time every day to explore your heart, mind, body and related energy fields through meditation, reflection, thinking, strategizing and planning.** ★★★★★★

**Able to increase your mental processing power and the ability to interpret and tap into the various information packets which flow into your mind at any time of the day, including during sleep.** ★★★★★☆☆

**Relaxed and highly intuitive to see things others would not, and have the personal trust capability to act on those thoughts even if they are not factually validated.** ★★★★★☆☆

**Live your authentic identity every day with purpose and a high degree of alignment to who you are.** ★★★★★★

**Have clarity on what a Quality Life is for you to live in harmonious equilibrium of what is important across all areas of life.** ★★★★★☆☆

**Focused on what is most essential and able to eliminate or re-prioritize what is not essential or is energy draining.** ★★★★★☆☆

**Capable of mastering your strengths and addressing your struggles and biases so they do not become weaknesses.** ★★★★★★

**Not consumed by stress, fears, self limiting beliefs and scarcity thinking.** ★★★★★★

**Have a healthy relationship with money as a vehicle for bettering your life but has not let money become central to your being.** ★★★★★★

**Able to capitalize on opportunities when they arise by having financial flexibility and well developed human capital.** ★★★★★☆☆

**Motivated by the recognition that your future is better, more compelling and more significant than your past, and are able to embrace your past for what it is.** ★★★★★★

**Resilient and mature enough to embrace positive and negative emotions and situations, and learn from mistakes and failures.** ★★★★★☆

**Focused on setting and achieving a "moonshot" or big hairy audacious goal which will yield a 1000x improvement based on 10 doublings from where you are now.** ★★★★★★

**Comfortable about being bold to move into uncharted territory pursuing unconventional or innovative ideas or approaches and being flexible to change course as new information arises.** ★★★★★☆

**Courageous when taking any big jump, and do not focus on the middle of the jump, but on where you want to land.** ★★★★★★

**Have a high energy which comes from reduced stress, a healthy body, mind and soul, and are taking proactive action for living a longer life by ten to thirty years.** ★★★★★☆

**Comfortable to build an engaged and deep relationship network with people in different communities and demographic backgrounds.** ★★★★★★


**Willingness to delegate to others, collaborate and share resources with others.** ★★★★★☆

**Prepared to invest time, money and resources in innovation, technology, experiments, learning and all avenues of continuous improvement.** ★★★★★★

**Express gratitude and appreciation for what you have and for others.** ★★★★★☆

**Quantum Leap Capacity Calculation** 6.32

**How was your experience with this discovery process?**

 (6/7)

**Quantum Leap Capacity Optimization: Step-by-Step Approach**

The overall Quantum Leap Capacity Score out of a maximum score of 175 indicates your current mindset based on learned behaviors for making quantum leaps in your life and/or business. The overall objective is to continually develop your mindset with a greater level of consciousness so that you adopt at all times a growth mindset that accelerates your life and business performance levels to higher levels.

So, that you can use the feedback summary we have provided based on your responses, please follow these steps.

**Step 1. Identification and Prioritization of Low Quantum Leap Capacity Scores**

- Conduct an initial assessment to identify your current 25 Quantum Leap Capacity scores.
- Rank the 25 Quantum Leap Capacity scores, with the lowest scores getting the highest priority.
- Allocate more time and resources to the lowest scores to initiate performance improvement efforts.
- In allocating more time to the lowest Quantum Leap Capacity Performance scores it is important you do not let the highest scoring areas decline.

**Step 2. Setting the Target for Quantum Leap Capacity Optimization**

- Establish a clear goal for each score, ideally aiming for a score of 7/7.
- Recognize that while the ultimate goal is perfection, progress is more important than perfection.
- Develop specific, achievable objectives for each Quantum Leap Capacity Score to gradually progress towards the target score.

**Step 3. Incremental Improvement for Mid-Range Quantum Leap Capacity Scores**

- Identify Quantum Leap Capacity scores between 4 and 6.
- Analyze these attributes to understand what's working well and where improvements can be made.
- Implement targeted actions to elevate these scores, focusing on continuous, incremental progress.

**Step 4. Continuous Assessment and Adjustment**

- Establish a regular schedule for reassessing your Quantum Leap Capacity scores in each category.
- Use these assessments to gauge progress and identify new areas that may require attention.
- Adapt your strategies based on these assessments, ensuring a flexible approach that responds to changing needs and circumstances.

**Step 5. Documentation and Reflection**

- Keep a detailed record of actions taken, progress made, and challenges encountered in each category.

- Reflect on these experiences regularly to glean insights and lessons that can inform future strategies.
- Share your progress and reflections with a mentor, coach, or peer group to gain external perspectives and advice.
- Repeat completion of the Quantum Leap Capacity Discovery every 6 months.